

“This relationship begins with
HEARING THE WORD OF GOD,

acknowledging that it is the truth, then making an intellectual decision to establish a personal relationship with Jesus Christ now.”

*Worship
With Us*

SUNDAY SERVICE

YOUTUBE @ Abundant Life Fellowship Chewelah

FACEBOOK @ Abundant Life Fellowship, Chewelah

WEB PAGE: www.abundantlifechewelah.com includes the Sunday Bulletin and on-line giving

TITHING: Through our website or by mailing to:

PO Box 74 Chewelah, WA. 99109

OTHER HAPPENINGS

Wednesday @ Noon Bible Study

is meeting via conference call. Contact Carol Stickney @ 1-509-563-9725 to be included.

ABUNDANT LIFE'S FACEBOOK GROUP

For church updates, Brenda's devotionals, to chat with other, share praises, needs, and to encourage each other. PLUS! Dave blowing the shofar and worship music!

CHURCH OFFICE IS CLOSED!

If you need to talk to Pastor Brenda, please call:
1-907-306-7708

Or Val Messerall: **935-4363**



On the front of our church hangs a beautifully crafted sign that carries, besides information about the church, God's word from Isaiah 43:19-21 See, I am doing a **new thing!** Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.

Suddenly we have thrust into "out goes the old" and "in comes the new" in our church!!!! Well, weekly prayer and praise meetings suddenly couldn't happen and what has sprung up? Small prayer groups have, via conference calls. I would like to offer to anyone that would like to be a part of this ministry to join us lifting our voices together to God.

This is a time where we fellowship together, we share our thoughts, concerns and purposefully lift our voices to God using His Word as the blueprint for our petitions and our worship.

If you would like a part of this, please call me and I will answer any questions you may have and help you get plugged in. You don't have to have a cell phone and you don't have to have any special abilities other than to want to talk to God and fellowship with other believers....AND you don't have to be a current member of ALF.

So please call me, Debbie Barbee at 935-6269 or 675-7872.

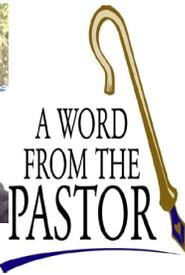


Several of our own have gone to be with Jesus this past month. Please keep their families in your prayers.

Theresa Flynn & her brother
 Alice Moore's husband, Pat
 Raeann Knight, Faith's sister
 Gary Calvert's brother Steve



Pastor Brenda



It's spring and I've been playing in my garden a bit. I've moved some fences and combined the area that was broken up into three spaces into one. It's been fun to see all of the diversity of plant life along the old fence line; plants that weren't in the rest of the garden were thriving there, (partly because it's harder to weed there). Then I started dreaming about what would get planted along the new fence line. The north fence is a great spot for vines and plants that like to creep up. This made me start thinking about boundaries and limitations. The whole reason for the fence in the first place is to keep uninvited guests from grazing or from creative pruning of the fruit trees and bushes. The fence is there for a boundary, to limit access. Yet, because of the fence, there is opportunity that I can take advantage of. There is this amazing thing that takes place along the edges, such as fence lines, where the water meets the land, where the shade of the edge of the tree branches mix with the sun.

With COVID 19 we've had to move some fences and put up new ones, we're experiencing limitations we've never had before. We aren't able to come and go as we did before, to gather together as we did before, things are limited. However, with these new boundaries come new opportunities. One opportunity that has sprung from this is the spread of the Gospel in new ways, in places that people spend a lot of time, like on their phones using social media. I'm working with a group of pastors who are exploring together what it means for us to have an online presence and what direction God would lead us in that area. It has opened our eyes the need of human presence. What a wonderful opportunity to consider all that you're grateful for, that maybe was taken for granted before. The value of human life has become more important to us.

These are just a few of the things that have come to my mind as I sit here alone in the sun listening to the birds. There is not better opportunity than now to really be the church in our community. We are truly a church without walls, let's use this as a way to show those around us what it really means to be the church. What opportunities has God presented to you with these added boundaries? Think about the opportunities you may have that you didn't have before. If you haven't recognized them already, start looking for them now. How does God want us to join him to use this pandemic as an opportunity for him?

Verse of the Month

Ezra 3:13 "No one could distinguish the sound of the joyful shout from the sound of the people's weeping, because the people rejoiced very loudly. The sound was heard at a great distance"

I chose this verse as the verse of the month because this was the reaction of the people of Israel when they returned to Jerusalem after being in captivity and the foundation of the temple was laid. As we think about re-entry

and being together again may our hearts be filled with both shouts of joy and weeping as a blend of one voice in worship to God. Jesus is the foundation! Rejoice!!



HAN is feeding the hungry & they need our HELP!

APRIL 30TH: We just keep doing what Jesus says....feed the hungry, etc., as we are able We've packed more than 11,000lbs of food with just Keith, Lucy, her 3 kids and me!!!! We've also done Isaac's village, Richard's village and all around our area. **We have enough funds to do several more days**, returning to Martin Agem – former inmate's village, Jonathan and Peter's home village, some groups of poor around our area and the poor of All Nation's Church. We're giving them beans, posho and salt, enough to last about 1 ½ weeks.

Sent April 28th Keith and I are going through our hundreds of emails that we haven't read in days because YES! We are able to do things valuable to the ministry! Because of the lockdown here many of the people we serve and many poor in the neighborhoods of our staff are nearing starvation. God has provided some extra income for us, and some strong donations so for the past 2 weeks we have been purchasing, packaging and working on ways to distribute food to these people within the country rules during the lockdown.

At the end of last week we got a phone call from the District Internal Securing Officer saying we needed to stop giving out food outside our gate or we would be "arrested for murder and treason"! At first we had just a few of the regulars at our gate, then it became about 100 with more coming each day. At that time we gave out 4-8 cups of rice, beans, peas and posho. We had a visit from the Health task force and several officials which turned out just so great! God is good. Since the Government have given out all they had already and gone through all the local donors food and have nothing left to give out. So HAN is the only organization in the district which has anything to give out!!



We've spent several thousand dollars and have packaged hundreds of bags of food to give out with Lucy and her 3 kids, Keith and me! It's been a great adventure to say the least. So now the Red Cross who is the only organization who can give out food, and they have none, they've made their pickup truck and driver, their district chairperson and their task force at our disposal and we did our first delivery to Richard Otim's (our translator and Board Member) village – to more than 50 disabled people! Then we went to visit Martin Agem (former inmate and is a literacy teacher and trainer) for the poor and disabled in his village. The Resident District Commissioner who is the President's representative, came to both areas to give a speech about how wonderful HAN was in doing this!! We just have to pay for fuel. They have said they will be available for us all week and even Saturday! AND they will be available next week too! All we have to do is have a valid list of people from that village who need assistance.



We have plans for the next 3 days through our network of literacy classes, and into next week if we can raise some more money specifically for this cause. We don't want to overspend HAN money which has been planned for other projects. We are maxed out in preparing enough food for 2 weeks for 100+ people/day. It makes us laugh to think that God has chosen one old man, one old and one young woman and 3 great kids to manage His project! So glad the hip is doing pretty well. Truly we feel blessed and joyful having this wonderful way to serve "the least of these". And the looks on their faces as they are handed enough food to feed themselves for 2 weeks are precious.

If anyone would like to join our HAN "feed the hungry" team with a donation. We are on lockdown till May 5th, but it looks like they will again extend it. Life is certainly an adventure with Jesus! 2 Chronicles 16:9 keeps coming back to me..... **For the eyes of the Lord range throughout the earth to strengthen those whose hearts are fully committed to him.** We serve an awesome God!!

Visit the HAN web site to donate: <http://www.handsacrossnations.org/> or mail your donation to: Hands Across Nations PO Box 9048 Spokane, WA 99209

ONE DAY AT A TIME

Left to myself, I am not a “one day at a time” person. I am very future-oriented. I want to know what exactly is going to happen, how it will happen, how long will it take to happen and what do I need to do to make it happen. Then I play over every single possible scenario that could

happen in my head and then figure out how I would tackle each problem that might come up so I can decide how to proceed.

Y'all I am an ocean swallower. None of these small steps, small sips business. I like to try, (and often fail) to take everything in all at once.

It. Is. Exhausting. It is also a cause for a lot of anxiety and fear in my life. If I can't see the big picture and know the outcome, how can I move forward?

GOD KNOWS

God is so gracious to me and ever so patient. When I work myself up with the what-if's and maybes, He pulls me back down to earth and tells me Jeremiah 29:11 (NIV):

For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

God knows what my future holds so I can rest in Him. I know this with every fiber of my being.

And yet, I often think that He needs my help. That if He tells me all His plans and shows me all that He has for me, that I will be able to better guide Him along to where I want to go.

This is not trusting. This is trying to be in control and this is PRIDE.

So when I don't know what is going to happen, when I can't see the outcome, anxiety, pride, and doubt creep in. I feel lost. I feel out of control. I feel unloved. I finally cry out for help.

BE AT PEACE

This is exactly where God wants me to be. He wants me to lean on Him. He wants me to run to Him before I try to figure everything out on my own and travel down the hole of doubting His love. He wants me to be at peace with the unknown plans and promises that He has for my life.

God has given us a beautiful promise in Jeremiah 29:11: His plans for us are good and there is hope in our future. God holds my life, our lives ever so carefully in His hands. There is no need to worry, to over plan, to try and take control: God has it all.

So, when I am feeling lost and anxious about what my future holds, I can read onto Jeremiah 29:12-13 (NIV):

Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart.

God promises that if we bring our fears and concerns about what troubles us to Him, He will listen to us. Isn't that beautiful? That the God of the entire universe, and the Maker of all things, bends His ear to earth just so that He can have fellowship with us.

Even better: if we look for Him, we'll find Him. That means we are never lost, even if we feel that way. And guys, the lie that we are lost and God doesn't care is straight from the devil meant to keep us hopeless and pulled away from our Maker. [God is always there, always listening, always ready to offer His love to us.](#) We are never alone in this journey called life.

So when life has you feeling overwhelmed and anxiety starts to settle in, take a deep breath and remember:

You're doing one day, one breath, one prayer

One thing at a time

One word, one step, one hope

In a coming light

Don't try to swallow the ocean

Keep doing one day

NEED PRAYER?

CALL THE PRAYER CHAIN:

HOLLY CALVERT 935-6485

OR

MARY KNAPP 936-0319



Abundant Life Fellowship

LOVE GOD.

LOVE PEOPLE.

MAKE DISCIPLES.



Pastor Brenda Nagunst: Office and Community Hours:
Monday- Thursday 8:30am - 4:30pm

Business Office: Tues, Wed, Fri: 8am-noon

Contact Info: (509) 935-8029

PO Box 74 N.203.2nd & Clay St. East

Chewelah, WA. 99109

E-Mail: abundantlife@alfchewelah.com

Website: abundantlifechewelah.com