

“This relationship begins with  
**HEARING THE WORD OF GOD,**

*acknowledging* that it is the truth, then making an intellectual decision to establish a personal relationship with Jesus Christ now.”

*Worship  
 With Us*  
**SUNDAY  
 WORSHIP SERVICE**  
**10:00 - 11:30**

**WATCH LIVE/RECORDED ON FACEBOOK  
 @ ABUNDANT LIFE FELLOWSHIP**

2nd Sunday: Communion

**WEBPAGE** [www.abundantlifechewelah.com](http://www.abundantlifechewelah.com)  
 includes the Sunday Bulletin and on-line giving.

**Brown Bag  
 Bible  
 Study**  
 Noon  
 Wednesday's

We are now meeting in the fellowship hall!

This study is the book of James and we are still in Chapter 1. It is never to late to join in with us!



**small  
 groups**



The Northern small group study with the Berkey's has ended and they are looking forward to see what God has in store this coming fall.

**BAIT  
 OF  
 SATAN**

The Yada Yada women are suspending their group meetings until September.

**prayer & fasting**

This Saturday, August 1st from 9am-3pm has been set apart as a day of fasting (if you can't fast, please bring a snack) and prayer for all that consider ALF their home church.

Please join us in the fellowship hall as we seek God's direction for the next step He would like our church to take. There will be periods of prayer interspersed with devotions from Pastor Brenda.

If you can't join in for the entire day, please, still feel free to attend. This is a very important day in the life of our church and we urge all that can to come and participate!



**ANOTHER "SHORT NOTICE" ANNOUNCEMENT, BUT FINALLY!**

**The Lost but Found Thrift Store is opening this Saturday, August 1st!**

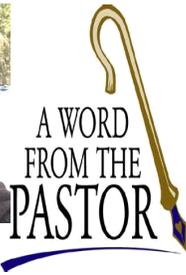
**Store hours are the same as before: Monday—Saturday 10am-5pm.**



In lieu of Children's Church that is usually held during the Sunday sermon, Trish and Carol are preparing a story and activity sheets for the children each week while they attend church. They will be put in the clipboards where there were previously coloring sheets. We are hoping that this will give the children a chance to engage in some age-related Bible learning while the adults are enjoying the message.



Pastor Brenda

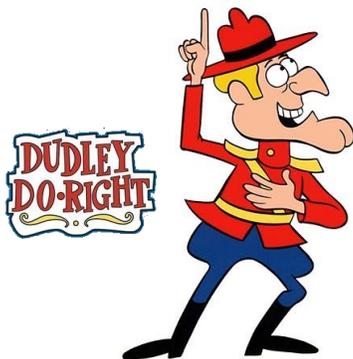


We're entering into the heat of summer after a beautiful spring and early summer. It is in these days of summer that the land gets parched, it's actually down right dry and dusty at my house. When the land gets like this it takes a bit for it to soak in the moisture. It's like a dry crust covers the ground and the thing it needs the most, water, when poured out on that dirt just beads up and rolls off. But, with a bit of patients and continued drinks of water in small amounts, it starts to absorb the water again.

This is the same kind of thing that can happen to our hearts and souls if we don't daily drink from the fountain of God's word. It doesn't take long and we become parched, and have a little repelling crust on our hearts toward the word of God. In that condition we don't notice the hand of God at work around us.

One purpose of the land is to produce vegetation. The vegetation is grown for the sake of feeding other living things, animals and people. The vegetation is also grown simply to be taken in for its beauty and fragrance. If the soil cannot do what it is meant to do, the farmer tries to determine what is wrong. Is it nutrient deficient or do the plants need water?

If we, as Christians, are not doing what we are supposed to do, love God, love others, and make disciples, then we need to allow God to evaluate us and determine what is needed. We might need to soak up the word of God. When you read your Bible if it feels like it just rolls off, that it doesn't soak in, take time to sit with it and think about it, chew on it for a while. This will help scratch up that little crusted layer. God wants to guide us. God wants to provide for our needs, especially our need of him. As individuals and as a church, let's allow the Holy Spirit to fill us, use us, and guide us, as we follow the teachings of Jesus.



Doing the right thing!

### Verse of the Month

Isaiah 58:11a  
"The LORD will guide you continually and provide for you, even in parched places."

There are a lot of "if's" that proceed this passage, "if you remove the yoke from among you," "if you remove the finger-pointing," "if you remove the wicked speech," "if you open your heart to the hungry," "if you provide abundantly for those who are afflicted." There are some things we need to stop doing and some things we need to start doing and God's direction will become clear. Verse 10 says that if we do all those things our light will shine in the darkness and gloom will be like the brightness of noonday. It is in these actions and attitudes where the light shines, it's a whole lot easier to see the direction of God if we are in the light.



June 18, 2020, another day of loss for Keith, Carolyn and the staff of HAN in Uganda when the news of Felix Omodi passing reached them. The picture to the right is of Felix with Keith and Carolyn during his month long visit here in 2012. Below is an excerpt of the newspaper article from his visit. Many of our members met him while he was here!

Felix and his wife, Esther continued to be a part of the HAN family since the visit to the USA. A week before his passing Felix had visited the HAN compound where he lent them the use of their car to travel to Kampala with...they were that kind of friends! Here's part of what happened in Kampala—Debbie

With Felix's car we made a trip to Mission Aviation Fellowship while in Kampala 2 weeks ago, to see if their vehicle repair people could help us get transmissions for them our broken cars. (Another mountain flattened!! They are willing to order us transmissions and give them to us at their cost, and do the work on the cars for \$15/day for each mechanic that works on them! What a blessing.)

Felix had loaned us his small car to use for our trip to Kamapala to do all those things during the week that he was having his pre-op visits in Kampala. We talked a couple of evenings and he was up beat and very ready to get through his surgery (He had broke his leg years ago and it hadn't healed properly) (During the surgery he suffered a deep vein thrombosis and didn't awake) and hopefully be out of pain. He had visited us at home just the week before and we had a most wonderful visit together with Lucy's children baking a banana cake for him. We are thankful to the Lord that those last memories of him, all so very positive.



"Felix gave a month of his time to be the guide for the first mission trip from Chewelah in 2001. Out of that trip came the inspiration for the formation of Hands Across Nations, a locally run non-profit 501c3 which "Shares the love of Christ in practical ways" in Uganda. At that time he worked as project manager for the Jimmy Carter Foundation in Uganda, making sure teams of scientists were successfully sent out to the bush to research and find a cure for River Blindness.

More recently, he has been the Medical Teams International MTI Uganda Director. MTI is a Christian Non Profit Global Health Organization, demonstrating the love of Christ to people affected by disaster, conflict and poverty. They deliver medical and dental care, humanitarian aid, and holistic development programs to all people in need, regardless of religion, nationality, sex or race. The mobile health clinics which MTI ran during the rebel war in N. Ugandan villages, came out of the first medical mission trips in 2001 and 2002 from Chewelah. Our own Dr. Johnstone was part of both of those missions – treating horrific diseases and injuries of hundreds of people per day.

Felix is visiting for the purpose of meeting the people of our area who supported his people during one of the darkest times in their history. He will be sharing how Hands Across Nations and MTI have literally saved the lives of many of his tribe, and have been the impetus for improving health, and bringing hope to his people who had lost hope. Some of his people have been in refugee camps for over 20 years and are just learning again to live as a community."  
—from the *Chewelah Independent*

Today (July 28th) we received word that our background checks were completed and our HAN validation was approved, a real answer to prayer. So we are now completely up to date and legally operating! Out of over 14,000 NGOs (Non Govt Organizations - charities), only 2,377 have been validated. The rest are operating illegally. Peter, our head teacher trainer was able to connect with a Lango worker at the NGO Bureau who helped get our validation paperwork to the right people and is now going to help us to procure our work permits - the last of the long list of requirements.

It is painful to lose our loved friends, especially suddenly, but we don't grieve as those who have no hope in the Lord do. We are so thankful for those who have gone ahead of us and also for all of you, our Advisory Board, who have been faithful in your service to Christ by your support of Hands Across Nations. Your impact here is quite wide spread and we wish all of you could really see what your efforts have accomplished. Though we have not been able to work inside the prisons because of the lockdown, and have not done exams and graduations in the villages or prisons, there are hundreds of learners who are ready to take their exams and graduate!

The lock down is lifting somewhat but there are no commercial flights out of the country planned except one on July 29th which we cannot make. We see none in August but flights are listed in Sept. We hope to book one for Sep 3rd. Go with God and continue to "Share the Love of Christ in Practical Ways" — Keith and Carolyn



Dear Faithful Supporters,



Praying you have all been staying healthy. Also, that through these trying times, your walk with God has become deeper and richer.

As you can imagine, the situation in Myanmar has been so much worse than here. Many lost their jobs and the prices for food skyrocketed, and transportation routes were closed for a time. However, even though they are now getting the food to the different states, the people do not have money to pay, so there is extreme hunger, especially for those in the cities who cannot have gardens.

If you want to give toward feeding the hungry, please send your contribution to: Free Methodist Church-USA  
770 N. High School Road Indianapolis, IN 46214

Or you can give online @ <https://fmwm.org> & follow the prompts:

•World Areas •Asia,•Myanmar •Extra Mile Projects then type in the comments: food for the hungry OR you can donate directly to me!

I am hoping that those of you who are still supporting me so that I could make the trip back to Myanmar in 2021, would be agreeable to having me forward the money you are currently donating to my account to Myanmar, to feed the hungry and to help the Light and Life Bible College with supplemental pay for the principal and teachers as well. Please contact me to let me know your decision.



God opened the way to help the hungry people through ICCM and the donations of friends.

THIS IS A PORTION OF A RECENT REPORT FROM PASTOR PA KEP.  
THE "NOTE" IS FROM ME. 🙌



Note: Digging these wells by hand so deep is very dangerous, especially because of lack of oxygen so far down. But God protected.

*"Praising God and enjoying the Favor of all the people. And the Lord added to their number daily those who were being saved." Acts 2:47*

Prayers points:

1. Please pray with us that the Holy Spirit will bring many people to Salvation.
2. Please pray for the Church building projects.
3. Please pray for the wisdom on how to manage the rooms to open the Bible College, Boarding School and Kindergarten.
4. Please pray that many people will experience God's provision of food and other needs. I would like to express our thanks to you for your love, your prayers and your support.

I echo that thanks. God bless you ALL!

Because of Jesus, Carol Stickney



God blessed us with water through the Clear Blue Water to our church plant, Kyiang Tung FMC, in the GoldenTriangle.

*“...for everyone who exalts himself will be humbled, and he who humbles himself will be exalted.” (Luke 18:14)*

Have you ever heard people saying, “I read the Bible, I pray every day, I do Sunday school ministry. I sing for the Lord. I preach the gospel. But, why do I feel depressed and lonely? Why am I unable to feel God’s presence? Why are my prayers not answered?” The reason is simple – it is self-righteousness. Your blessings are not a result of your good works; instead, it is because of God’s grace! For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast (Ephesians 2:8-9). Only if we know the value of God’s gift to us, we can treat others the right way and not look down on them which is a sin. We should be careful that we don’t rely on our good works. Stand on God’s grace and rise higher!

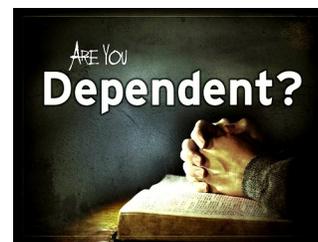
Self-righteousness is denying God’s grace and exalting one’s own strength. It makes a person to justify themselves more than they are really worth. At last, it leads a person to lose all the blessings of the Lord. Saul was rejected as king not specifically because he offered sacrifices, but because he disobeyed a direct command that God had given him through the prophet Samuel. He thought himself righteous and missed the mark. Samuel had told Saul, “Go down ahead of me to Gilgal. I will surely come down to you to sacrifice burnt offerings and fellowship offerings, but you must wait seven days until I come to you and tell you what you are to do.” But Saul, worried that his whole army would desert him, offered the sacrifices himself, just before Samuel arrived. “You have done a foolish thing,” Samuel told him. “You have not kept the command the Lord your God gave you; if you had, he would have established your kingdom over Israel for all time. But now your kingdom will not endure; the Lord has sought out a man after his own heart and appointed him ruler of his people, because you have not kept the Lord’s command.” (1 Samuel 13:8-14).

Once, Jesus spoke this parable to some who thought they were righteous and despised others. Two men went up to the temple to pray – one a Pharisee and the other a tax collector. The Pharisee stood and prayed saying, “God, I thank You that I am not like other men. I fast twice a week; I give tithes of all that I possess.” And the tax collector, standing afar off, would not raise his eyes to heaven, but beat his breast saying, “God, be merciful on me a sinner!” Jesus said that the Pharisee’s prayer was never heard but the tax collector went back blessed by God.

## NEED PRAYER?

CALL THE PRAYER CHAIN:

HOLLY CALVERT 935-6485 OR  
MARY KNAPP 936-0319



## Abundant Life Fellowship

LOVE GOD.

LOVE PEOPLE.

MAKE DISCIPLES.



**Pastor Brenda Nagunst: Office and Community Hours:**

**Monday- Thursday 8:30am - 4:30pm**

**Business Office:** Tues, Wed, Fri: 8am-noon

**Contact Info:** (509) 935-8029

PO Box 74 N.203.2<sup>nd</sup> & Clay St. East  
Chewelah, WA. 99109

E-Mail: [abundantlife@alfchewelah.com](mailto:abundantlife@alfchewelah.com)

Website: [abundantlifechewelah.com](http://abundantlifechewelah.com)