

# “This relationship begins with HEARING THE WORD OF GOD,

*acknowledging that it is the truth, then making an intellectual decision to establish a personal relationship with Jesus Christ now.”*



### SUNDAY

9:00-9:45-Adult Sunday School

### WORSHIP SERVICE

10:00 - 11:30

Children's Church

Fellowship after the Service

WATCH ON FACEBOOK @

ABUNDANT LIFE FELLOWSHIP,

Chewelah

Everyone's Welcome!



## FREE COMMUNITY MEAL

### Beef Stew Supper

Thursday, March 16th

Serving starts @ 5pm at St. Mary's Church

Sponsored by Chewelah Faith Resource Group

### CHURCH ACTIVITIES

#### PRAYER

Monday 3pm with Judy Rarrick

Wednesday 4pm in small group,

contact Debbie 509 935 6269

#### BOOK STUDY

YadaYada ladies meet at 11am on Tuesday's in the fellowship hall

Brown Bag Bible Study Noon Wednesday's

#### WEDNESDAY

@ 12noon; "Romans" in the church's conference room & live video.

#### SOUP'S ON!

Wednesday's at 5pm in the church fellowship hall. Invite a friend or neighbor!



#### MEN'S BREAKFAST

Saturday

March 11 @ 8am



## Chewelah Young Life Informational Meeting Saturday, March 11 @ 10am In the Chewelah Civic Center

Now, more than ever, teenagers need to know they are loved and have a purpose in life! Find out how we can bring hope and the love of Christ to teens in Chewelah and Stevens County. Come to this informational meeting and see the possibilities for yourself! Find out more at [younglife.org](http://younglife.org).

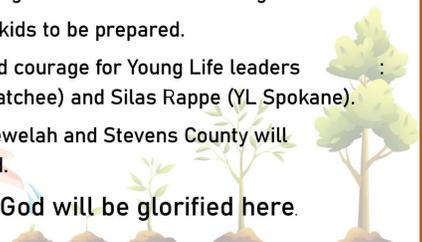
Email questions to Joan Thompson at [info@burntvalleyfarm.com](mailto:info@burntvalleyfarm.com) or call Debbie Barbee at 509 935 6269.



#### Prayer Support For Chewelah Young Life

- ◆ Pray for wisdom and guidance for all.
- ◆ Pray for God to bring together His Chewelah Young Life team.
- ◆ Pray for the hearts of kids to be prepared.
- ◆ Pray for protection and courage for Young Life leaders Bill Dooley (from Wenatchee) and Silas Rappe (YL Spokane).
- ◆ Pray that MANY in Chewelah and Stevens County will be saved and discipled.

Pray that God will be glorified here.





**Brenda Nagunst**

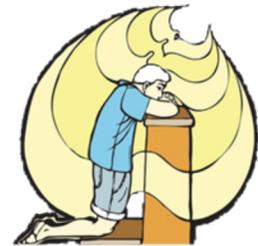
## From the Pastor's Desk

Lent started last week with Ash Wednesday. Those who choose to join the journey of Lent will be experiencing that journey this whole month. This year I'm considering Lent as a journey into the wilderness, being led by the Holy Spirit, with encounters from the Father and Jesus. The wilderness is a place where we often find ourselves in life, you know, those times when life feels hard and dry. In those hard times or dry times, while we're in the desert it can seem lifeless. At first glance it probably is lifeless. However, as we are led by the Holy Spirit into the wilderness, we can find unexpected signs of life. At first it is hard, and we may fight against being in the wilderness, or at least against the things that brought us here. Then, as we accept the wilderness, we start to see what it has to offer.

We can enter the wilderness in different ways. Sometimes we're forced into the wilderness by circumstances, other times we are led there by the Holy Spirit, and sometimes we run into the wilderness on our own. When we enter the wilderness on our own, sometimes it maybe as an escape in order to get away from our fears. Hagar wanted to get away from Sarai who was being cruel to her. Elijah was afraid of the queen chasing after him to kill him, so he went into the wilderness. Sometimes life seems really hard and we just want to escape. When we find ourselves in a place of fear it's an opportunity to invite Jesus into that fear. Someone shared with me a quote by Paula Gamble that went something like this, "allow the love of Jesus to enter into your fear." That might take a while to learn how to do, you may even need to ask Jesus for his help.



No matter how we get there, God can use the desert to show us who he is and reveal to us who we are. In the wilderness you discover your weaknesses and are vulnerabilities. You can also discover God's strength and his deep, deep love for you. It's also a place where God can minister to us. In the wilderness both Hagar and Elijah were ministered to by God's messenger. Jesus was also ministered to in the wilderness. We learn what it means to be a beloved child of God while we're in the wilderness. In your wilderness ask the Lord to reveal himself to you.



## Verse of the Month

**Luke 4:1**

*Jesus returned from the Jordan River full of the Holy Spirit, and was led by the Spirit into the wilderness.*

Jesus had just been baptized. I don't know how many times I've baptized people and then Satan jumped in and tempted them right away. The enemy tries with all he can to pull us away from our commitment to God. We can know that when we are being tempted, we're not standing against the tempter alone. We have the Holy Spirit there with us.

**"I can do all things through Christ who strengthens me."  
Philippians 4:13**



In 2021 Pastor Pa Kep had Covid and almost died. The health care system in Myanmar was already 20 years behind, so when Covid hit, they quickly became overwhelmed. After he recovered – a mighty miracle of God - Pastor Pa Kep, with the help of our FMC Asia Area Director, Eric, was flown to Thailand, which has excellent health care, for a checkup and after care. He is still slowly healing. Last week, he had a follow-up checkup. Here is part of his letter:



"I came to Bangkok for my medical checkup for my lungs which were seriously affected by Covid. I am excited to share my health results. I was so glad when I saw my medical checkup results. My lungs are so much better than before. When I had my first post Covid checkup, the results of the X-rays showed that my lungs had pulmonary fibrosis. At that time, I talked to my doctor with my tears and asked if my lungs could heal again? The answer was no. But with the results this time, the answer is yes! They can be healed in the name of Jesus. Thank you, thank you, Lord Jesus!"

Pastor Pa Kep still has pain in his chest, but all the tests on his heart showed that it is fine. The doctors believe his lungs are causing the pain because they are still not completely healed. Please continue to pray for his complete healing.



The ladies have been supporting Cherry Biak, a young lady up in Chin State in Myanmar. I received a letter from her last month through International Child Care Ministries. In part she writes: "I am so glad to receive your monthly support. I do not worry about food and drink because of your help. I was so excited to celebrate Christmas this year because my mom bought me new shoes and a shirt. Thank you so much for your help. However, due to the conflict, the school is still closed. I would like to go to Bible school if possible. Please pray for our country's peace and to return to school as soon as possible." If you would like to help support Cherry, the amount is \$38 a month. We have paid through February.



Here we are already into March 2023 and we are still in the USA! It has been wonderful to have more time to connect with family, friends and especially those who are connected to Hands Across Nations. We say that we must be on the right track because we have had a number of difficult life challenges including appliance and auto malfunctions, as well as recovering from hip surgery and Carolyn's sister's late stage Alzheimer's disease. That's not to mention flooding in our rental house, thieves climbing over our walls in Uganda during the day which is a first, and challenges with decisions to make affecting Hands Across Nations in the coming 2 years. Satan would love for us to become discouraged but we know how bad it looked for the followers of Jesus just before and after he died and was resurrected!

It looks like we will remain in the US about another month, but in the meantime we are helping friends in Uganda, Dok and Pam Dokotum, (he is Ugandan, she is American), in starting up a Christian Day School for children ages 3 through 7th grade, very near our home/office!

People have donated craft items (crayons, colored pencils, colored craft paper, glitter, small pom-poms, etc, light weight children's books, small stuffed animals and small. brown/white dolls) ALF has helped with extra items from the children's ministry room, PTL! Help with shipping is still needed as it costs us \$250 for each 50lb box. These are all donations which will not be tax deductions as they are not for HAN.

If anyone would like us to speak and show videos for a group meeting in the next month, we are willing! Just contact us at 509-979-7448.

Go with God every minute of every day!

Keith and Carolyn Jones,



Keith & Carolyn  
Easter Sunday 2015

# Unity of Spirit

Only with the help of the Holy Spirit can we submit to one another and become a unified body

Sin disrupts relationships and separates us from God. We can readily see these consequences in the account of Adam and Eve. Disobedience hurt their relationship with God and caused them to live apart from Him. Later, their son Cain murdered his brother Abel. Today, sin continues to cause this pattern of alienation, jealousy, hatred, and violence.

But by sending His Son Jesus to die in our place, God the Father made it possible for each of us to be reconciled to Him. When we accept His offer of salvation, we move from a state of estrangement to permanent adoption as His children (John 1:12; Ephesians 1:5).

And because the Holy Spirit indwells believers to provide guidance and teaching, we can experience a unity with other Christians, which is expressed through the bond of peace (Ephesians 4:3). Since we are all unique, this does not in any way imply uniformity. However, it does point to living in submission to the Father and displaying attitudes and behavior that will strengthen connections with our spiritual family.

Are you already a child of God? Then make living in unity with others a priority (Romans 12:18). But if you haven't yet answered God's call, why not ask Jesus for forgiveness today?



**CALL THE PRAYER CHAIN: Holly Calvert 509 935 6485 or Mary Knapp 509 936 0319**

**Abundant Life Fellowship**

**LOVE GOD.**

**LOVE PEOPLE.**

**MAKE DISCIPLES.**



**Pastor Brenda Nagunst: Office and Community Hours:**  
Monday- Thursday 9:30am - 4:00pm

**Business Office:** Tues, Wed, Thurs.: 9:30am-1:30pm

**Contact Info:** (509) 935-8029

PO Box 74 N. 203.2<sup>nd</sup> & Clay St. East  
Chewelah, WA. 99109

E-Mail: [abundantlifechewelah@gmail.com](mailto:abundantlifechewelah@gmail.com)

Website: [AbundantLifeChewelah.com](http://AbundantLifeChewelah.com)